

Staying Safe as the Province Opens

As the region and the province reopen and summer arrives, we recognize that people will want to travel.

Please be mindful that COVID is still with us and that different areas of the province and the country can have different levels of the virus in the community.

The safest options are to stay in the area of your home community or to stay in the region.

If you choose to travel, here are steps to keep yourself and others safe:

- Practice the usual personal protective measures such as physical distancing, wearing a mask when that isn't possible, and frequent hand washing or using hand sanitizer.
- Don't travel if you, or someone you are traveling with, have any symptoms or feel sick. Please contact the COVID -19 Assessment Centre to get tested.
- Monitor yourself for symptoms when you travel and when you return. If you get symptoms, even if mild, isolate where you are and seek assessment and testing.